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Geethanjali College of Pharmacy

Approved by AICTE, PCI New Delhi, Permanently Affiliated to JNTUH & B. Pharmacy Accredited by NBA Recognized Under UGC Section 2F & 12B of UGC Act, 1956, by DSIR-SIRO & HI/BI of MSME, Cheeryal (V), Keesara (M), Medchal-Malkajgiri Dist, Telangana State- 501301.

COUNSELLING REPORT

A.Y: 2020-2021

Year: I B-Pharmacy I-Sem

S.No	Name of the Mentor	Issue Raised	Issue Resolved
1.	T. Anoosha	Home sickness	Suggested the student to stay connected with their family and friends over internet.
		Unable to understand Maths due to Bi.Pc background.	Arranged remedial maths classes.
2.	P. Shankaraiah	Unable to stand forlonger time in labs.	Suggested to take balanced diet regularly.
		Difficulty to remember structures in Chemistry.	Advised to practice daily the concepts one by one and made it more interesting.
3.	V. Vinisha	Feeling discomfort due to chemicals in the lab.	Use of proper mask and glouses. Advised to close the containers tightly after the use.
	9	Insomnia	Advised to take proper medication and therapy.
		Travelling Issue - Parents transferred to another city.	Suggested to stay in Hostel.
4.	P. Jyothirmaye	FeII down due to Blood Phobia	Trained in treating phobia
		Late coming to college	Motivated to wake up early and schedule her personal clock

PRINCIPAL

5.	Mounika	Health Issue due to Air pollution.	Suggested to use Mask.
a)		Irregular to college due to travelling from long distance.	Advised to travel in college bus.
6	J. Naveen	Home sickness.	Suggested the student to stay connected with their family and friends over internet.
		Health Issue (Pyrexia).	Informed to parents and sent home.
		Difficult to remember Biochemistry cycles.	Advised to Practice cycles regularly and conducted tutorials.





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COUNSELLING REPORT

A.Y: 2020-2021

Year: I B-Pharmacy II-Sem

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	T. Anoosha	Insomnia	Advised to take proper medication and therapy.
		Indigestion due to Hostel food.	Antacid given and advised to drink plenty of water.
2.	P. Shankaraiah	Home sickness.	Suggested the student to stay connected with their family and friends over internet.
		Health Issue (Pyrexia).	Informed to parents and sent home.
3.	V. Vinisha	faint due lo hypotension.	Given ORS and advised to take proper diet.
		health Issue- Dehydration	Advised to drink plenty of water and to keep water bottle close by.
		Travelling Issue - Parents transferred to another city.	Suggested to stay in Hostel.
4.	P. Jyothirmaye	Unconscious in lab	First aid done and advised to take breakfast regularly.
		Unable to understand scientific words.	Made simple analogies to make concepts easy and advised the students to develop the habit of



			looking into Medici al & Pharma Dictionaries.
		Late coming to college.	Advised to focus on important task to complete the task on time.
5.	Mounika	Health Issues.	Advised to take balanced diet and to take proper medication, if any.
		Difficulty in understanding in HAP	Discussed with staff handling HAP to provide extra care.
6	J. Naveen	Feeling home sickness since it is first time being away from	Advised to go home monthly during second Saturday & Sunday for two days.
		Difficult to remember Biochemistry cycles.	Advised to Practice cycles regularly and conducted tutorials.





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COUNSELLING REPORT

A.Y: 2020-2021

I-Sem

Year: II B-Pharmacy

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	K. L. Rajitha	Distraction in the class.	Kept mobile out of sight during class and study hours.
		Problem in managing studies.	Scheduled better time to studies. study and for other activities
		Lack of confidence	Counseled the student to talk and open up for conversations, group discussions, seminars, etc.
2.	P. Aparna	Stress and depression.	Exercise regularly and do yoga, mcm friends, read books and find some interesting hobbies like music, gaming, etc.
		Unable to complete assignment on time.	Advised to focus on important task to complete the task on time.
3.	K. Sai Prabha	Irregular to college due to travelling from long distance.	Advised to travel in college bus.
,		Insomnia	Advised to take proper medication and therapy.



		Home sickness.	Suggested the student to stay connected with their family and friends over internet.
4.	B. Santhosh Kumar	Feeling over burdened	Advised not to overload till the last minute and complete the tasks on daily basis.
		Exam pressure	Suggested to prepare a self-revision plan according tr> priority of the subjects and between topics to enhance focus and capacity to learn.
		Lack of confidence	Counseled the student to talk and open up for conversations, group discussions, seminars, etc.





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COUNSELLING REPORT

A.Y: 2020-2021

Year: II B-Pharmacy II-Sem

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	K. L. Rajitha	Home sickness.	Suggested to go home monthly once.
		Problem in managing studies.	Scheduled better time to studies. study and for other activities
2.	P. Aparna	Stress and depression.	Exercise regularly and do yoga, mcm friends, read books and find some interesting hobbies like music, gaming, etc.
		Lack of confidence	Counseled the student to talk and open up for conversations, group discussions, seminars, etc.
3.	K. Sai Prabha	Difficulty in understanding the reactions in Organic Chemistry.	Advised to practice the reactions regularly.
		Difficulty in planning the tasks.	Motivated to understand the purpose of planning and helped to plan as per the requirement.
		Exam pressure	Suggested to prepare a self-revision plan according try priority of the subjects and between topics to enhance focus and capacity to learn.
4.	B. Santhosh Kumar	High expectations of family	Counseled the student to practice positive self- talk and asked her to talk lo parents regularly about her problems.



uncomfortable to speak. teachers to boost confidence and er communication skills.	ends &	with	English	in	speak	to	her	Made	and	hesitated	Feel	
Communication skins.	enhance	and	onfidence							rtable to speak.	uncomfo	
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COUNSELLING REPORT

A.Y: 2020-2021

Year: III B-Pharmacy I-Sem

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	P. Jyothi	Lack of confidence	Counseled the student to talk and open up for conversations, group discussions, seminars, etc.
		Exam pressure	Suggested to prepare a self-revision plan according try priority of the subjects and between topics to enhance focus and capacity to learn.
		High expectations of family	Counseled the student to practice positive self- talk and asked her to talk lo parents regularly about her problems.
2.	K. Kishore Kumar	Lack or communication skills.	Advised to socialize with people in college and in personal life.
		Difficulty in grasping concepts.	Explained to understand the logic behind the topic rather than mugging it up.
3.	L. Saritha	Poor time management	Advised to make a habit of streamlining things to save time and will not be in a situation of lastminute work.
		Scored less marks in Exam	Counseled the student to emphasize more on practical implementations and motivated that exam should check

			their mental skills not their cram power.
		Unable to concentrate on studies due to marriage.	Suggested to attend remedial classes.
4.	K. Swapna	Feeling so much pressure during exams.	Advised not to scatter into many topics altogether and take frequent breaks
		Suffering from depression for not meeting the expectation.	Counseled to think positively and do yoga regularly.
5.	M. Satish Kumar	Cannot manage the time for studying.	Trained to improve time management skills.
		Having low self- esteem to face the problems.	Counselled to avoid negative self-talk and stop comparing with others.
		More anxiety during exams.	teached relaxation techniques and instructed to do yoga





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COUNSELLING REPORT

A.Y: 2020-2021

Year: III B-Pharmacy II-Sem

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	P. Jyothi	Less physical activities.	Conducted yoga classes and given more refreshment hours.
		Want coaching for competitive exams.	Guided for GPAT & PGCET coaching.
2.	K. Kishore Kumar	Want to attend for campus recruitment, but not confident.	Informed to placement cell and CRT trainer to take special care.
		Difficulty in grasping concepts.	Explained to understand the logic behind the topic rather than mugging it up.
3.	L. Saritha	Want coaching for competitive exams.	Guided for GPAT & PGCET coaching.
		Cannot manage the time for studying.	Trained to improve time management skills.
		Unable to concentrate on studies due to marriage.	Suggested to attend remedial classes.
4.	K. Swapna	Feeling so much pressure during exams.	Advised not to scatter into many topics altogether and take frequent breaks
		Want coaching for competitive exams.	Guided for GPAT & PGCET coaching.
5.	M.Satish Kumar	Having low self- esteem to face the problems.	Counselled to avoid negative self-talk and stop comparing with others.
		More anxiety during exams.	teached relaxation techniques and instructed to do yoga

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COUNSELLING REPORT

A.Y: 2020-2021

Year: IV B-Pharmacy I-Sem

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	R. Uma Devi	Lack or communication skills.	Advised to socialize with people in college and in personal life.
		Difficulty in grasping concepts.	Explained to understand the logic behind the topic rather than mugging it up.
		Want coaching for competitive exams.	Guided for GPAT & PGCET coaching.
2.	N. Swetha	Late coming to college.	Motivated to wake up early and schedule her personal clock.
		Unable to complete assignment on time.	Advised to focus on important task to complete the task on time.
3.	S. D. Shalini	Want coaching for competitive exams.	Guided for GPAT & PGCET coaching.
		Cannot manage the time for studying.	Trained to improve time management skills.
		More anxiety during exams.	teached relaxation techniques and instructed to do yoga
4.	B. Sandhya	Feeling so much pressure during exams.	Advised not to scatter into many topics altogether and take frequent breaks
		Want coaching for competitive exams.	Guided for GPAT & PGCET coaching.

5.	Ch. Sumalatha	1		concentrate marriage.	on	Suggeste classes.	ed 1	to atte	nd	remedial
		Want co exams.	achir	ng for competi	itive	Guided coaching		GPAT	&	PGCET





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COUNSELLING REPORT

A.Y: 2020-2021

Year: IV B-Pharmacy II-Sem

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	R. Uma Devi	Difficulty in preparing articles.	Guided methodologies to write articles and how to select good Journals.
		Difficulty in grasping concepts.	Explained to understand the logic behind the topic rather than mugging it up.
		Unable to complete assignment on time.	Advised to focus on important task to complete the task on time.
2.	N. Swetha	Late coming to college.	Motivated to wake up early and schedule her personal clock.
		Cannot manage the time for studying.	Trained to improve time management skills.
3.	S. D. Shalini	Want coaching for competitive exams.	Guided for GPAT & PGCET coaching.
		Cannot manage the time for studying.	Trained to improve time management skills.
		Feeling so much pressure during exams.	Advised not to scatter into many topics altogether and take frequent breaks
4.	B. Sandhya	Problem in managing studies.	Scheduled better time to studies. study and for other
			Activities



		Feeling over burdened	Advised not to overload till the last minute and complete the tasks on daily basis.
		Feel hesitated and uncomfortable to speak.	Made her to speak in English with friends & teachers to boost confidence and enhance communication skills.
5.	Ch. Sumalatha	Want to attend for campus recruitment, but not confident.	Informed to placement cell and CRT trainer to take special care.
		Feeling pressure due to high expectations of parents about	Talked to parents and explained them to come
		Competitive Exams (GPAT PGECET).	out of high expectations.
		Difficulty in preparing samples during the project works.	Training given by the guides for proper preparation and storage of samples





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COUNSELLING REPORT

A.Y: 2020-2021

Year: Pharm D I Year

S.No	Name of the Mentor	le Issue Raised	Issue Solved
1.	V. Shalini	1. Feeling discomfort due to chemicals in the lab.	Use of proper mask and groves. Advised to close the containers tightly after the use.
		2. Home sickness	1.Suggested the student to stay connected with their family and friends over internet.
		3. Unable to understand Maths due to Bi.Pc background.	2.Arranged remedial maths classes.
2.	D. Tirumala	1. Difficulty to remember structures in Chemistry.	Advised to practice daily the concepts one by one and made it more interesting.
		2. Unable to stand for longer time in labs.	Suggested to take balanced diet regularly.
		3. Indigestion due to Hostel food.	Antacid given and advised to drink plenty of water.



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COUNSELLING REPORT

A.Y: 2020-2021

Year: Pharm D II Year

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	K. Mahitha	1.Unable to complete assignment on time.	Advised to focus on important task to complete the task on time.
		2. Irregular to college due to travelling from long distance.	Advised to travel in college bus.
		3. Health Issue due to Air pollution.	Suggested to use Mask.
2.	R. Sushma	1. Unconscious in lab	First aid done and advised to take breakfast regularly.
		2. Not able to see the board due to vision problem.	Changed her place to first bench and advised her for eye check up.
		3. Feeling high stress	Exercise & motivated to talk out with friends.



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COUNSELLING REPORT

A.Y: 2020-2021

Year: Pharm D III Year

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	Md. Abubakar	1.Home sickness	1.Suggested the student to stay connected with their family and friends over internet.
		2. Problem in managing studies.	Scheduled better time to studies. study and for other activities
,		3. Lack of confidence	Counselled the student to talk and open up for conversations, group discussions, seminars, etc.
2.	G. Lakshmi Prasanna	1.Unable to stand for longer time in labs.	Suggested to take balanced diet regularly.
		2. Not sleeping well.	Advised to take healthy, balanced meal and to sleep early.
		3. Difficulty in studying medicinal chemistry	Conducted remedial classes



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COUNSELLING REPORT

A.Y: 2020-2021

Year: Pharm D IV Year

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	P. Madhuri	1. Poor time management	Advised to make a habit of streamlining things to save time and will not be in a situation of lastminute work.
		2. Scored less marks in Exam	Counseled the student to emphasize more on practical implementations and motivated that exam should check their mental skills not their cram power.
2.	K. Mounika	1.Having low self- esteem to face the problems.	Counselled to avoid negative self-talk and stop comparing with others.
		2. Lack of communication skills.	Advised to socialize with people in college and in personal life.



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COUNSELLING REPORT

A.Y: 2020-2021

Year: Pharm D V Year

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	G. Sharanya	1. Want to attend for campus recruitment, but not confident.	Informed to placement cell and CRT trainer to take special care.
		2. More anxiety during exams.	Teached relaxation techniques and instructed to do yoga.
2.	Md. Mohasin Pasha	1.Suffering from depression.	Motivated to rest, sleep, eat well and create a hobby to come out of stress.
		2. Want to know future opportunities in aboard	Conducted carrier guidance programs



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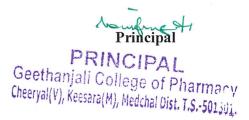
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A.Y: 2020-2021

Year: Pharm D VIYear

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	S.Kiranmayee	1. Want to attend for campus recruitment, but not confident.	Informed to placement cell and CRT trainer to take special care.
		2. Want to know future opportunities in aboard	Conducted carrier guidance programs
		3. Require guidance in problem solving methodologies	Conducted troubleshooting classes
2.	Dr. R.Naga Kishore	. 1. Cannot complete the work in the provided time period	Advised not to scatter into many works altogether. Work based on priority.
		2. Difficulty in writing articles.	Advised to utilize online resources like DELNET. Research gate to Improve writing skills.
		3. Financial issues	Suggested to find some part time job or some financial resources to backup money needs.







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COUNSELLING REPORT

A.Y: 2020-2021

Year: M.Pharm I Year

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	Pooja Agarwal	1.Difficulty in writing articles.	Advised to utilize online resources like DELNET. Research gate to Improve writing skills.
20		2.Facing health problems.	Advised to use proper medicines and take care of health.
		3.More anxiety during exams.	Teaches relaxation techniques and instructed to do yoga.



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COUNSELLING REPORT

A.Y: 2020-2021

Year: M.Pharm II Year

S.No	Name of the Mentor	Issue Raised	Issue Solved
1.	K.L.rajitha	1.Difficulty in procurement of API for project work.	Given contact numbers and emails of API suppliers.
		2.Unable to do data interpretation regarding project work	Explained the statistical tools and formulas usage to ease the work.
		3.System hanged in computer lab	Informed to technician and sorted out the issue
		4. Want to attend for campus recruitment, but not confident.	Informed to placement cell and CRT trainer to take special care.
		5.Having family pressures.	Advised to organize wisely and cleared a time table with more breaks.



